VPOD CapOx Patient Self Administered Overnight Oximetry and Capnography Instructions on CPAP/Bi-level

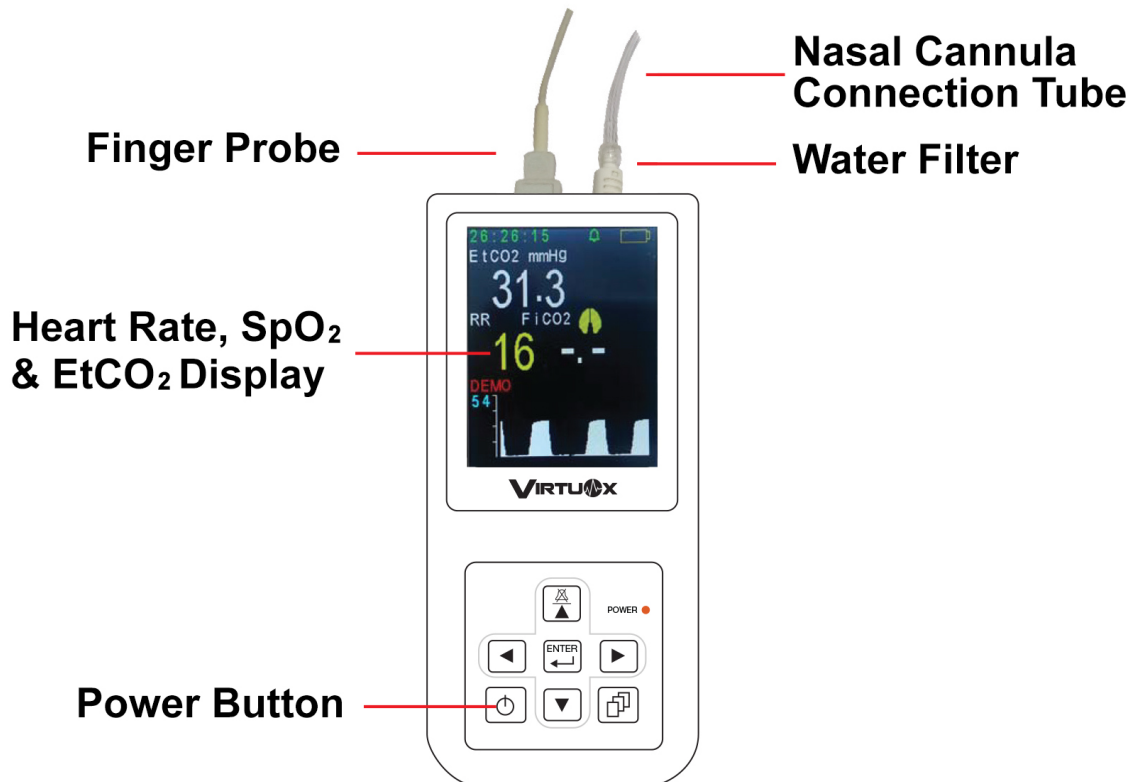**Patient Name** _____   **Reading ID** _____

Your prescriber ordered this oximetry and capnography test to monitor your blood oxygen and end tidal CO_2 levels while you are asleep. It is vital you closely follow these instructions to get the best results.

VirtuOx is the testing facility that will process the test results and send them to your prescriber. Per Medicare guidelines, the company that delivers the testing device to you cannot assist with the instruction or performance of the test.

DME Courier: _____   **Phone** _____

Please follow the conditions below as prescribed:

_____

Your testing device: VPOD CapOx

- **Finger Probe**
- **Nasal Cannula Connection Tube**
- **Water Filter**
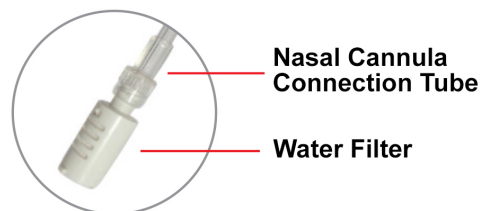- **Heart Rate, SpO₂ & EtCO₂ Display**
- **Power Button**

IMPORTANT

• You must stay awake for the first 10 minutes of the test.
• Remove any fingernail polish and coverings from the finger you will be using.
• Do NOT use this device with a nasal pillow interface. Please contact your prescriber for other testing options.

TEST SETUP

1 Confirm the finger probe cable and water filter are attached to the top of the device.

Finger Probe Cable
Nasal Cannula Connection Tube
Water Filter

26:26:15
EtCO2 mmHg
21.2

2 Confirm the nasal cannula connection tube is connected to the water filter.
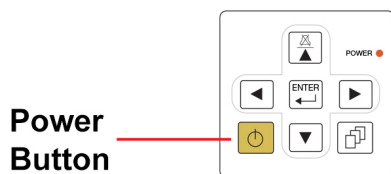
Nasal Cannula Connection Tube
Water Filter

3 Attach sensor to index finger and apply tape or Band Aid to secure sensor to your finger.

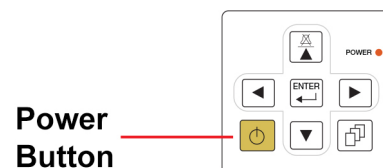**4** Insert the nasal cannula prongs into your nose and adjust the slider to secure it.

5 Press and hold the bottom left button down until powered ON.

Power Button

POWER

ENTER

6 Place your CPAP/Bi-level mask over the nasal cannula. Go to sleep. Wear the mask all night.

7 When you wake up in the morning, take the device off. Press and hold the bottom left button until you power it OFF.

Power Button

POWER

ENTER

ADDITIONAL INSTRUCTIONS

• For best results, place the probe on your index finger. However, you may use any finger as long as it receives a reading from the device.

• If the probe or cannula falls off during the night:
   1) Place the probe on your finger and reinsert the nasal cannula prongs into your nose.
   2) Check to see the oximeter is ON and displays numbers.
   3) If the oximeter is OFF, press the power button to turn it ON.

• You may remove the probe, nasal cannula and CPAP/Bi-level mask only in case of hygienic necessity. When you return to bed, put the probe back on your finger, reinsert the nasal cannula and place the CPAP/Bi-level mask as you did before.