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 Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_

# HST your Way

Clinical Evaluation and Order Form



Customer Support: (877) 337-7111  
 Web: www.virtuox.net

## 1 Patient Information:

NAME		GENDER	DOB (mm/dd/yyyy)	SS#
ADDRESS		CITY	STATE	ZIP
HOME PHONE	WORK PHONE	CELL PHONE	EMAIL	
PREFERRED WRITTEN LANGUAGE			PREFERRED SPOKEN LANGUAGE	
EMERGENCY CONTACT			EMERGENCY PHONE	

## 2 Prescriber Information:

NAME	ADDRESS	CITY / STATE / ZIP
PHONE	FAX	NPI
REFERRAL COORDINATOR	PHONE	EMAIL

## 3 Insurance: Does the patient have insurance? Yes No

PAYOR NAME 1	ID #	GROUP #	PHONE
PAYOR NAME 2	ID #	GROUP #	PHONE

## 4 Sleep History & Physical Exam: (Fill in the blanks and check all symptoms that apply)

Height: \_\_\_\_\_ inches    Weight: \_\_\_\_\_ lbs    BMI: \_\_\_\_\_    Neck Size: \_\_\_\_\_ inches    Sleep Epworth Score: \_\_\_\_\_ (0-24)

<input type="checkbox"/> Sleep Disordered Breathing	<input type="checkbox"/> Loud Snoring	<input type="checkbox"/> Depression	<input type="checkbox"/> Insomnia
<input type="checkbox"/> Oral Appliance Assessment	<input type="checkbox"/> Non-Restorative Sleep	<input type="checkbox"/> Gasping / Choking	<input type="checkbox"/> Observed Apneas
<input type="checkbox"/> Excessive Daytime Sleepiness	<input type="checkbox"/> Morning Headaches	<input type="checkbox"/> Dry Mouth in A.M.	

## 5 Cardiopulmonary / Upper Airway Exam: (Check all that apply)

<input type="checkbox"/> Nasal Obstruction	<input type="checkbox"/> Over / Under Bite	<input type="checkbox"/> Crowded Oropharynx	<input type="checkbox"/> Hypertension
<input type="checkbox"/> Teeth Worn	<input type="checkbox"/> Enlarged Tongue	<input type="checkbox"/> Enlarged Tonsils	<input type="checkbox"/> Retrognathia / Micrognathia
<input type="checkbox"/> Maxillomandibular Abnormalities	<input type="checkbox"/> Crowded Hypopharynx	<input type="checkbox"/> Obesity	

## 6 Diagnostic Codes: (Check all Diagnosis codes that apply in order to avoid causing a delay in processing the order)

G47.10 Hypersomnia, Unspecified     G47.30 Sleep apnea, Unspecified     G47.33 Obstructive sleep apnea (adult) (pediatric)

## 7 Home Sleep Test Procedure:

2-nights unattended, Type III Portable Recorder with minimum four (4) channels: Records airflow, respiratory effort, O<sub>2</sub> saturation and heart rate. Performed on room air unless specified below.

<input type="checkbox"/> Comprehensive Home Sleep Test on Room Air and with Sleep Stages*	<input type="checkbox"/> Home Sleep Test on Room Air	<input type="checkbox"/> Home Sleep Test on Oxygen LPM: _____	<input type="checkbox"/> Home Sleep Test with PAP PAP Pressure: _____ Fixed / Auto pressure	<input type="checkbox"/> Home Sleep Test with Oral Appliance	<input type="checkbox"/> Home Sleep Test with DOT certification	<input type="checkbox"/> Home Sleep Test for pediatric patient ages 12-17
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\* Sleep Stages Testing procedure to be performed separately for 2-nights using EEG, EMG and EOG.

## 8 Prescriber Signature & Certification: (Stamped dates / signatures not valid. Must be signed by Prescriber / PA / NP)

I, the undersigned, certify that I am the patient's treating prescriber and that the information contained on this form is based on a face-to-face office visit. I am prescribing a two-night serial HST as medically necessary to validate results because of night to night variability.

Sign Here: X \_\_\_\_\_ Date: \_\_\_\_\_

Please fax completed order form & insurance card back to (800) 209-9193