NightOwl© EZSLēP

zzzzzzzzz

Power Button

VIRTUOX READING ID:

Your prescriber ordered a Home Sleep Test from VirtuOx-a Joint Commission Accredited IDTF-to evaluate for Obstructive Sleep Apnea (OSA), a condition where you stop breathing or struggle to breathe many times per hour while you sleep.

Follow the instructions below to get started testing with the NightOwl device!

1 Open the Apple Store or Google Play Store app.

Available on the App Store

ANDROID APP ON Google play

2 Search the app store for NightOwl Companion and install.

3 Just before bed, open the NightOwl Companion App. Click "**I have an Activation Code**"

Welcome

4 Enter the activation code you received in your email or see activation code below.

{ **Activation Code:** }

5 Follow the in-app instructions to connect and wear the NightOwl device.

Test with the following conditions:

*The app will display the number of nights to test.

WHATS NEXT? After completion of the test, your prescriber should receive the report within 2-3 business days.

PLEASE return the sensor to VirtuOx by using the provided pre-paid label and packaging, and place it in an USPS outbound mailbox.

* If a night fails, it will automatically extend the number of nights available for testing. If this is a test to evaluate your oral appliance that was ordered by your dentist, the app may allow 8-10 nights to evaluate the treatment. In this case, test each night based on your dentist or prescriber's instructions.

Precautions: The Night Owl's performance could be adversely impacted by patients using drugs that alter the autonomic system such as: Alpha-blockers (for example: Prazosin and Terazosin), long-acting nitrates (patch, tablets or paste) and vasodilators (for example: Verapamil, Diltiazem and Amlodipine) If this applies to you, contact your prescriber or VirtuOx support for a substitute test device.

Troubleshooting:

If you have issues connecting to the device or receive a test failure during the night or the next morning, follow these simple steps which will solve most issues:

1. Uninstall the NightOwl companion app. Restart your phone after removing the app.
2. Return to the app store, download, and install the app again. Make sure you give the app the permissions needed to complete the installation.
3. WAIT until you are ready for bed before connecting your phone to the charger and starting the app. You should ONLY power on the NightOwl when instructed, per the app. If you power on the device too early and you are still up and about, it is more likely to lose connection from your phone and fail before you go to bed.
4. Make sure your phone is within 5 feet of the NightOwl and is connected to the charger the entire time.

VIRTUOX

HST NightOwl 082020

Call Toll Free 877-897-0063 · https://www.virtuox.net

Questions? Visit support.ectosense.com   FLY_HST NightOwl Insert Rev 02_0523